

# TALKING TOGETHER - WORKING TOGETHER:

## Exploring Arts and Health

... a conference for arts workers, artists, arts therapists,  
service users & carers

8<sup>th</sup> October 2011 Royal Botanic Gardens, Edinburgh  
Scottish Arts Therapies Forum (SATF) with Voluntary Arts Scotland (VAS)

**TALKING TOGETHER - WORKING TOGETHER** will bring creative practitioners, arts workers and arts therapists, together with service users and carers, to explore what we have in common and what makes the different practices effective. We will seek to address misconceptions and to understand why the different practices operate as they do.

The Arts and Health movement has grown to include both artists and arts therapists as practitioners who enable participation in, and experience of, the arts for users and staff of health services and carers. The effectiveness of the arts in promoting emotional wellbeing and in enhancing the treatment/healing environment is widely recognised.

The aim of the day is to develop a dialogue between Arts Therapies and Arts and Health practitioners, users of services and carers, to explore shared values, to enhance understanding of differences and to develop collaborative approaches to working with the arts.

### Who should attend?

- Arts Therapists – working in both clinical and community health services
- Artists – working in medical settings and with groups with special needs/mental health issues/social exclusion
- Service users and Carers
- Researchers and trainees/students in the arts and arts therapies
- All interested health professionals – medical and nursing, allied health professions, service commissioners and managers

### Programme

The programme will combine presentations, practical workshops and discussion forums covering all four modalities in visual arts, dance & movement, drama and music in both arts therapies and community and participatory arts. Further details will follow on the SATF website [www.satf.org.uk](http://www.satf.org.uk).

